



# [How to get clear on important career next steps]

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conversations

# Let's help YOU get career clarity

Worryingly, I've noticed a big increase among my clients and the women in my world, with burn out, irritability, anxiety and loneliness. They are feeling stuck in their careers, and sometimes feeling trapped and disconnected.

It's impacting their:

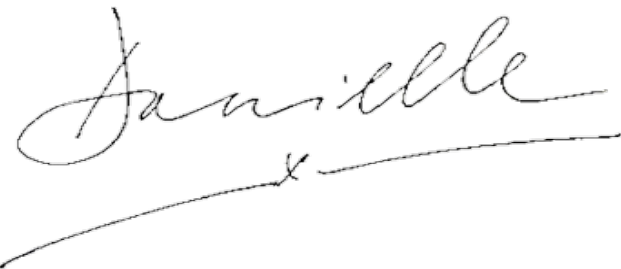
- Relationships with their teams, leaders, colleagues and the important people in their world
- Contribution and performance
- Health and wellbeing

AND it's preventing them from being the leader, parent and person they really want to be.

I've put this resource together to help professional women, in stressful roles, facing all sorts of challenges, to get more clarity on how to take one small step in the right direction.

Are you ready?

Let's go!

A handwritten signature in cursive script that reads "Janiille". Below the signature is a long, horizontal, slightly wavy line.



## 3 CRUCIAL steps to finding your career clarity

1. **Work out – Where you are NOW**
2. **Decide – Where you WANT to be**
3. **Take steps – To get you STARTED**

# Step 1: Where are you NOW?

*This is the FIRST important step to getting clarity.*

- Are you on the verge of resigning? Have you had enough of your boss, your team, your colleagues and your work? Do you feel there are better options out there for you, but you're not sure how to find them?
- Is there a leadership role you know you would be perfect for, but it feels too big? Or perhaps you aren't sure you have what you need to deliver the role to your own high standards.
- Are you getting passed over for promotion, but you can't understand why?
- Are you feeling the pressure to progress along a traditional leadership pathway, but you're not sure if it's right for you now, or ever?
- Do you want to try something completely different – like a legacy project – but you don't know where to start or how to maintain financial security?
- Is there a problem out there in the world that you would like to solve?

# Exercise 1:

***In terms of how career clear you are right now, how do you rate yourself on a scale from 1 to 10?***

1 = *no idea please help*

10 = *I'm set and on my way*

**Your rating:**

**Why?**

# Step 2: Where do you WANT to be?

*Now that you know where you are now, let's get some clarity on where you actually want to be.*

*This exercise is to help you understand what it looks like.*



## ***Exercise 2: Answer these questions to help you determine your end destination.***

- Do you have an endgame?
- What is your North Star?
- Are you working on a legacy project?
- Do you want less work and less responsibility? More work and more responsibility? A combination of these?
- Is a board position on the cards?
- Do you dream of living in a peaceful location with no stress and no noise?
- Is there a problem out there that you want to help solve?

### ***Reflect on your answers then:***

- Based on your medium and long term objectives, what is your DREAM ROLE?
- Why?

# Step 3: Let's get you STARTED

*This THIRD step will help you really drill down on what your DREAM role LOOKS and FEELS like and WHY.*

## *1. What are the KEY ELEMENTS of your dream role?*

Focus less on titles and status, and more on the key elements of your dream role. Here are some examples:

- Team dynamics and leader relationships.
- Salary, benefits and flexibility.
- Contribution, recognition, respect and trust.

What else?

Feel free to get really creative with this!



# Step 3: Let's get you STARTED

## *2. How will you feel when you are working in your dream role?*

- Do you dream of high energy days where you feel in control of your career and relationships? Or calm days where you are filled with a sense of contribution?
- What else?

The choice is YOURS!

## *3. What will it give you, or allow you to do?*

- What are you optimising your career for? More energy for the things that matter most to you? Challenging situations that to allow you to build your confidence?
- What else?

## Exercise 3: Let's build your DREAM role

Collate and gather your thoughts below to build a clearer picture, that you can then share with your coach or partner.

Key ELEMENTS	How I'll FEEL	What it'll GIVE me



# What's NEXT?

Now you have outlined your destination and dream role, you have a solid starting point and foundation for your adventure toward it.

It's important to focus on:

- What's **STRONG** (not what's wrong) – Leverage your STRENGTHS.
- Your **RESOURCES** – internal and external.
- The **SUPPORT** you need – it takes a village to raise a child AND to build a career.

In the process, you will increase your sense of connection to yourself AND to something bigger that's there to support you and set yourself up for success.

If you would like some support to get CAREER CLEAR and take the next steps, I'd love to help.

Contact me for a complimentary 15 minute conversation.

# Let's have YOUR important career conversation



## Danielle Dobson

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### CONTACT

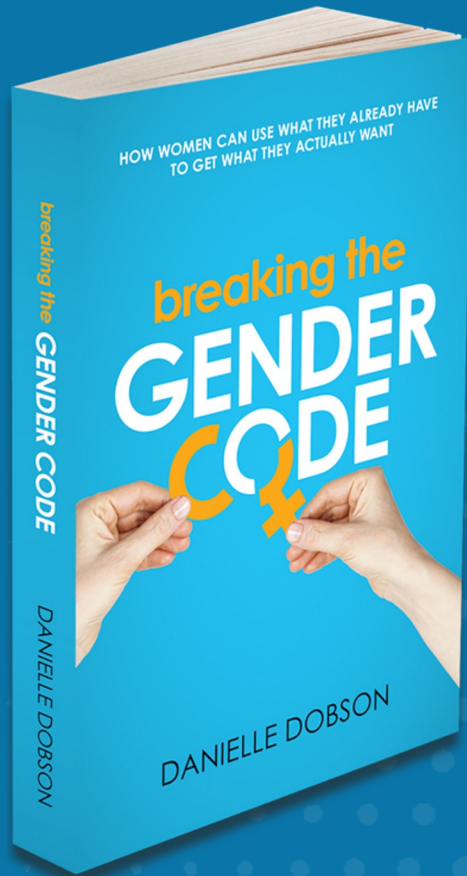
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# *Breaking the Gender Code: How women can use what they already have to get what they actually want*



*“Danielle Dobson's book “Breaking the Gender Code makes an important contribution to women, families, and society. Like understanding the structures and illusions that allow a magic trick to appear 'magic', understanding the Gender Code helps us see the beliefs and structures that put so much pressure on women.*

*Danielle provides a framework for each of us to envisage, create, and live our own code.*

*This book is powerful!”*

**Corrinne Armour**

*Fearless Leadership® Specialist, Speaker, Mentor, Author of ‘Leaders Who Ask’ & ‘Developing Direct Reports’*